



**About Robin and Ken Helfers, Certified Senior Advisors
Owners of Always Best Care – Louisville Downtown & East End
*Striving to be the BEST – not the biggest!***

Always Best Care Senior Services stands for providing quality, compassionate home care while maximizing the safety, comfort and independence of their clients.

ABC Owners Robin & Ken Helfers are both Certified Senior Advisors, and are well-versed in the issues of aging. Their expertise helps provide FREE referrals to appropriate resources and suggestions for proven solutions to common problems for seniors and their families when they are overwhelmed.

- Always Best Care helps seniors and people with illnesses or disabilities live in their own homes for as long as possible by providing help with daily living activities from one hour to 24 hours a day.
- Services include companionship, light housekeeping, meals, pet care, errands, transportation, medication reminders, bathing, grooming, dressing, transferring, feeding, safety supervision, fall prevention, incontinence care, bed sore prevention and much more.
- ABC provides a free in-home assessment, home safety survey and personalized care plan.
- ABC caregivers are provided with the home care industry's most advanced training and certifications through The Institute for Professional Care Education. All are bonded, FBI fingerprint/background checked, drug screened, TB tested, skills tested, covered for workers compensation, and all payroll taxes are paid.
- We carefully match caregivers to the level of care and specifics of client's needs and personality – striving for a long-term match – making replacements if necessary. We know our caregivers and clients personally, and try to always arrange for a personal introduction and orientation of a new caregiver to our clients.
- They work with the American Heart Association, The MS Center, The MS Society, Alzheimer's Association, Stroke Association, Parkinson's Support Center and many other not-for-profits
- dedicated to understanding and supporting the special needs of people with disabling conditions.
- An R.N. care manager makes monthly visits to see how clients are doing, update care plans if needed, and oversee caregivers and keep supplies replenished.
- And, if maintaining a home becomes unsafe, or simply too burdensome, Robin and Ken offer a FREE senior living navigation service to help people find the best senior living option for their interests, budget and needs; avoiding nursing homes for as long as possible.
- ABC also helps qualified wartime veterans and spouses obtain VA benefits that help pay for home care or assisted living.

Everyone knows someone who needs our help. Call 502-272-4400 for more information.

Certified Senior Advisors (CSAs) have supplemented their individual professional licenses, credentials and education with knowledge about aging and working with seniors. It is recommended that you verify the validity of any professional's credentials is which you conduct business and be sure you completely understand what those licenses, credentials and education signify. The CSA certification alone does not imply expertise in financial, health or social matters. For more details visit: www.csa.us

<http://www.csa.us/educationandtraining/coursecurriculum/>

Course Curriculum – Body of Knowledge

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